

New Mexico Business Spotlight



Preparing for a wedding is a huge series of events, from the cake, photographer, reception, dance, limousine; the list goes on and on. While every bride to be dreams of her wedding day, what about the marriage? What about when the wedding day has come and gone and its time to live together as husband and wife? The New Mexico Marriages First Project is a local company who is here to help you with your marriage. They provide services all about marriage, both with engaged couples as well as for already married couples who need assistance on enhancing their marriage and even couples who are considering divorce. I had the opportunity of meeting with the New Mexico Marriages First Project staff and after my meeting with this great staff, I left there not only with this great information, but even some great tips I used in my own marriage. They have a great team who actually have experienced all of these phases of marriage first hand.

NMEPWM: What do your services entail?

NMMFP: Our services include premarital education and mentoring, marriage mentoring, marriage enrichment, marriage publications, intervention for marriages in crises and classes about marriage.

NMEPWM: What are your hours of operation or how does one go about making an appointment?

NMMFP: Our office hours are 9:30 A.M. to 4: 30 P.M. However, we do have events that happen outside our office hours and our mentorship program can vary.

NMEPWM: Where are you located?

NMMFP: We're located at 1207 Golf Course Road, Suite E, Rio Rancho, NM 87124. We're located on Golf Course just south of Southern Blvd.

NMEPWM: What services do you provide for brides and grooms to be?

NMMFP: Our premarital education and mentoring is what is we provide for brides and grooms to be. Premarital education is best known as, "marriage insurance!" With our premarital education and mentoring couples will determine if they should or should not marry, communication tools to better understand each other, skills on how to make your marriage successful and discuss one-on-one with successful married couples and their successes. We also have a marriage mentor program is a couple-to-couple relationship that helps couples meet their marriage goals.

NMEPWM: Does this have to be their first marriage or can you provide services for people who are getting married for a second time?

NMMFP: It can be either. However, if this is a second marriage we highly recommend the couple coming in as the probability of them getting a divorce a second time increases in a second marriage.

NMEPWM: What is the cost for this service?

NMMFP: There is no cost for this service. New Mexico Marriages First Project (NMMFP) is funded through a Healthy Marriage Demonstration Grant through the Federal Department of Health and Human Services.

MARRIAGE LIFE LINE!



NMEPWM: Do you provide marriage counseling, for couples already married?

NMMFP: Marriage Enrichment includes one-on-one mentoring, enrichment classes, and quarterly events to positively invest in your relationship. Intervention for Marriages in Crisis is for marriages that are considering or discussing divorce. It's never too late to bring hope to your marriage and harmony to you home.

NMEPWM: I've heard married couples say they need to, "spice up their marriage," or "spice up their love life," do your marriage enrichment sessions give couples advice on how to rekindle an old flame?

NMMFP: With sexual issues being the number two reason for divorce, we do focus on that area with in our program. Our Summer Issue of our newsletter focused on that area which is available on our website as well in PDF format.

NMEPWM: What if there are children involved from a first or even second marriage, can you help make the transition of children being in a new family easier?

NMMFP: Children do play a big role in marriages. As we do take that into consideration, especially during the initial consultation, we want to concentrate on the couple at first, as a way of building a strong foundation for a family.

NMEPWM: How does one obtain any reading materials on your services for those who want more information or who may be embarrassed about asking for your services for a marriage on the rocks?

NMMFP: We have a lot of great information on our website www.TheMarriageLifeline.com and we also have a quarterly newsletter that people can sign up for, also on our website. Also, anyone can give us a call at (505) 891-1846.

NMEPWM: How can you help with brides and grooms to be coming from different religions or different family traditions and backgrounds?

NMMFP: As religion, family traditions and backgrounds can cause conflicts, we do address them in our programs, both for engaged and married couples.

NMEPWM: I've heard one of the number one reasons for divorce is money issues. Can you help couples come to a happy medium with finances?

NMMFP: The number one reason for divorce is money the second reason is sexual issues. In every part of our program, we will address issues of finance with a couple both engaged and married.

NMEPWM: Can you help marriages who have had issues with infidelity or various types of addictions such as alcohol, drugs, sex, etc.?

NMMFP: As various additions occur, we first recommend that the individual with the addiction get help first before we can tackle the marriage issues. We have other individuals we can recommend to the couple for assistance with the addiction issues.

NMEPWM: Everyone is so busy these days, what advice do you have for married couples to be and already married couples on how to spend quality time together? Date nights do you recommend them?

NMMFP: We recommend that couples make time for their marriages. We do recommend date nights where the couple spend an evening together alone and we also recommend a 2-3 day retreat. This is where the couple spend this time together, alone, working towards the goal of their marriage, not to argue all weekend. A mentor will assist in the preplanning of a retreat. As the goal is to work together on their marriage, sending the kids to a friend, family member or sitter is needed for the couple to accomplish their marriage goals.

For information on our FREE pre-marital education classes call the
New Mexico Marriages First Project:
(505) 891-1846 or visit our website:
www.themarriagelifeline.com

NEW MEXICO EVENT & WEDDING PLANNER MAGAZINE

